



High School Main Café Lunch Menu

November 2019

1

Half Day

Sack Lunches

4

Chicken Fried Steak with a Biscuit

Roasted Zucchini
Mashed Potatoes
Fresh Fruit and Veggie bar

5

Tex Mex Popcorn Chicken with Sante Fe Rice

Fresh Roasted Carrots
Tater Tots
Fresh Fruit and Veggie Bar

6

Chicken and Waffle Bowl with Cheesy Eggs and a hash brown patty

Seasoned Green Beans
Potato Patty
Fresh Fruit and Veggie Bar

7

Country Chicken Nugget Bowl

Kickin' Pinto Beans
Mashed Potatoes
Fresh Fruit and Veggie Bar

8

Chicken Tagine Stew with Chili Spiced Flatbread

Steamed Broccoli
Tater Tots
Fresh Fruit and Veggie Bar

11

Salisbury Steak and Gravy with Noodles

Seasoned Peas
Mashed Potatoes
Fresh Fruit and Veggie Bar

12

Popcorn Chicken Teryaki with Broccoli and Steamed Rice

Seasoned Green Beans
French Fries
Fresh Fruit and Veggie Bar

13

Alfredo Mac and Cheese with Basil Chicken

Served with a Breadstick
Seasoned Carrots
Mashed Potatoes
Fresh Fruit and Veggie Bar

14

Pepper Jack Burger with Cajun Salsa on a Bun

Baked Beans
French Fries
Fresh Fruit and Veggie Bar

15

Walking Taco with Chili and Cheese Sauce

Steamed Broccoli
Tater Tots
Fresh Fruit and Veggie Bar

18

Breaded Chicken Drumstick served with biscuit

Baked Beans
Tater Tots
Fresh Fruit and Veggie Bar

19

Parmesan Chicken Spaghetti w/ Sauce

Steamed Green Beans
Mashed Potatoes w/ Gravy
Fresh Fruit and Veggie Bar

20

Breakfast for Lunch: Ham egg and Cheese on a Biscuit

Orange Glazed Carrots
Tater Tots
Fresh Fruit and Veggie Bar

21

Fried Rice served with Vegetable Egg Roll

Mashed Potatoes with gravy
Fresh Fruit and Veggie Bar

22

Buzzer Beater Basket: Chicken, Fries and a Breadstick
Seasoned Corn
French Fries
Fresh Fruit and Veggie Bar

25

Breaded Fish Bites with Siracha Dipping sauce

Served with a Dinner Roll

Seasoned Peas
Tater Tots
Fresh Fruit and Veggie bar

26

Country Chicken and Mashed Potato Bowl

Roasted Cauliflower
Mashed Potatoes with gravy
Fresh Fruit and Vegetable Bar

No School, Thanksgiving Break

Look for new Grab and Go options too!
Daily Served Grill items include: Spicy and Regular Chicken Patties, Burger and a Fish Sandwich

Tortilla, Corner Crust and Green Street Deli have made to order items as well as daily specials!